

December

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Jade Practice: 6:30-8PM	7 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	8 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	9	10 Jade/Fuchsia Practice: 9-10:30PM UV/Cobalt Practice: 10:30AM-12PM
11	12	13 Jade Practice: 6:30-8PM	14 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	15 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	16	17 Jade/Fuchsia Practice: 9-10:30PM UV/Cobalt Practice: 10:30AM-12PM
18	19	20 Jade Practice: 6:30-8PM	21 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	22 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	23	24 No Practice
25	26	27 No Practice	28 No Practice	29 No Practice	30	31 No Practice

January

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Jade Practice: 6:30-8PM	4 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	5 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM Parent Virtual Meeting: 8PM	6	7 Family and Friends Showcase (All Teams) Athletes Meet Time: 1PM Showcase Start Time: 2PM Pelham, NY
8	9	10 Jade Practice: 6:30-8PM	11 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	12 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	13	14 No Practice
15	16	17 Jade Practice: 6:30-8PM	18 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	19 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	20	21 Jersey Championship (All Teams) Toms River, NJ
22	23	24 Jade Practice: 6:30-8PM	25 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	26 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	27	28 Athletic Championship (Cobalt, Jade) Providence, RI
29	30	31 Jade Practice: 6:30-8PM				

February

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	2 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	3	4 No Practice
5	6	7 Jade Practice: 6:30-8PM	8 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	9 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	10	11 Jersey Championship (All Teams) Toms River, NJ
12	13	14 Jade Practice: 6:30-8PM	15 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	16 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	17	18 No Practice
19	20	21 No Practice	22 No Practice	23 No Practice	24	25 No Practice
26	27	28 Jade Practice: 6:30-8PM				

March

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	2 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	3	4 No Practice
5	6	7 Jade Practice: 6:30-8PM	8 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	9 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	10	11 Journey Championship (All Teams) Pocono Manor, PA
12	13	14 Jade Practice: 6:30-8PM	15 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	16 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	17	18 No Practice
19 Cheersport (All Teams) Toms River, NJ	20	21 Jade Practice: 6:30-8PM	22 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	23 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	24	25 No Practice
26	27	28 Jade Practice: 6:30-8PM	29 Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM	30 Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM	31	

April

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						No Practice 1
2	3	No Practice 4	No Practice 5	No Practice 6	7	No Practice 8
9	10	Jade Practice: 6:30-8PM 11	Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM 12	Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM 13	14	No Practice 15
16	17	Jade Practice: 6:30-8PM 18	Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM 19	Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM 20	21	US Finals (All Qualifying Teams) Trenton, NJ 22
23	24	Jade Practice: 6:30-8PM 25	Fuchsia Practice: 5-6:30PM Cobalt Practice: 6:30-8PM 26	Aqua Practice: 4:30-5:30PM UV Practice: 5-6:30PM Jade/Cobalt Opt. Tumble: 5:30-6:30PM 27	28	No Practice 29
30						

May

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 End of Season Banquet	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			